

Invisible Access Statement – Chester Racecourse

This Invisible Accessibility Statement provides information for those wishing to visit Chester Racecourse that may have, or be attending with, a person of any age living with an invisible illness or disability, or if you wish to come racing alone.

This has been produced as part of the #GoRacingGreen initiative, which was introduced to support better mental health awareness within the race-going community, and support those with a varying range of conditions which include, but are not exclusive to, dementia, autism, ADHD, social anxiety and general anxiety disorder, as well as be welcoming to those people who would like to come racing but have no one to accompany them.

Whilst we are certainly not experts, our key race day staff have become Dementia Friends, and also attended an awareness session on general anxiety and sensory conditions. They have also been working closely with someone who suffers from social anxiety, general anxiety disorder and various other social triggered phobias, and who also has extensive experience in accessible and dementia tourism.

The #GoRacingGreen initiative is now recognised by The British Horseracing Authority, The Racecourse Association and VisitEngland as “Best Practice”.

Behind the #GoRacingGreen initiative is a community of thousands of people that live with various conditions that make coming to a day at the races difficult for them. They have provided feedback which we have used throughout the initiative and will continue to do so going forward.

Here at Chester Racecourse we will provide a “safe and quiet space” at every race meeting for anyone who wishes to use it, or is encouraged to come racing simply by knowing that it is available to them should they need it.